

Curriculum EANLP-approved NLP-Basic

Requirements for participants

- Not defined

Duration

- Mandatory live training hours: 36 or more hours, which must be spread over a period of 5 days or longer,

Conduction

- 80% of the training is conducted by a EANLP-approved teaching trainer.
- 20% of the training can be conducted by a different person under the supervision of a EANLP-approved teaching trainer.

Assistance

- An assistant who can at least offer the qualifications of an EANLP-approved NLP Practitioner is obligatory with 10 or more participants.

Qualifications of the conducting teaching trainer

- EANLP-approved Teaching trainer

Group size

- A group consists of at least three participants.

Abilities of the participant and Criteria for Evaluation and Certification

- The participants have the basic abilities of: making rapports, defining targets explicitly, extending their own capacity of perception, working in a resource-activating and ecological way.

Minimal contents

1. Chosen axioms/basics assumptions of NLP
2. Calibrating, pacing and leading
3. Rapport-making
4. Representational system VAKOG
5. Target frame
6. Introduction to the basics of anchoring
7. Appreciating and sense-specific feedback
8. Association, dissociation; 1., 2., 3. Position (perception positions)
9. Introduction to logical levels
10. Target-oriented and ecological resource management
11. Introduction to the Meta-model

Criteria for certification

- Complete participation at the NLP-basic-training and behavioural integration of contents

Contents of the EANLP-approved NLP-Basic Certificate

- The NLP-basic certificate has to include the following details:
 - Reference to the adherence to guidelines of one of the EANLP-member-associations
 - Seal of the EANLP in addition to a seal of one of the EANLP-member-associations
 - Statement describing the duration of the live-training in days and hours
 - Date of the first and last day of training
 - Title description: NLP-Basic
Specific application areas (e.g. health, pedagogy, sports, business) can potentially be mentioned in the certificate text – however not in the title.
 - Signature of the EANLP-approved teaching trainer

Entry into force

The Curriculum EANLP-approved NLP-Basic is valid per July 1st 2016 from the start of the training.