

Curriculum EANLP-approved Coach/ EANLP-approved Master Coach

Requirements for participants

- Requirement for the EANLP-approved Coach certification is a EANLP-approved NLP-practitioner-degree.
- Requirement for the EANLP-approved Master Coach certification is a EANLP-approved NLP-Master-degree. This Master-degree can be obtained before, during or after the Coach-training.
- The minimum age at certificate delivery is 25 years.

Prerequisite for the teaching coach

- Information and promotion material incl. the training contents need to be presented to the EANLP before the start of the training
- The qualifications of the chosen teaching coaches need to be determined by the responsible EANLP-member-association before the start of the training

Duration

- Mandatory live training hours: 130 or more hours including testing, which must be spread over a period of 18 days or longer
- In addition, at least 15 hours of supervision (individual and/or group) guided by a teaching coach
- Moreover, at least 40 hours of peer group work are recommended

Conduction

- The training is conducted by at least 2 EANLP-approved teaching coaches
- Recommendation: teaching coaches should come from separate institutes.
- 80% of the training is conducted by EANLP-approved teaching coaches
- 20% of the training can be conducted by a different person under the supervision of a EANLP-approved teaching coach

Group size

- A group consists of at least six participants.

Qualifications of the conducting fellow teaching coach

- EANLP-approved Teaching coach
- EANLP-approved Teaching trainer

Minimal contents

- The contents of the coach training are subdivided into five sections.
 1. Professional attitude
 2. Marketing
 3. Framework conditions of coaching process
 4. Competences in methods
 5. Supervision

- The sections include, among others, the following teaching contents:
 1. Professional attitude
 - a. Professional attitude of Coaches
 - i. Conception of human nature
 - ii. Attitude
 - iii. Integrity
 - iv. Ethics – after execution of the forum “Werteorientierung in der Weiterbildung e.V.”
 - v. Models of the world
 - vi. Systemic and constructivist working models
 2. Marketing
 - a. Acquisition
 - b. Coach profile (personal background)
 - c. Coach concept
 3. Framework conditions of coaching process
 - a. Contact management
 - b. Clarification of order
 - c. Offers
 - d. Pitfalls for orders (e.g. secret orders)
 - e. Clarifying concerns
 - f. Multidimensional view of order coaching (contracting entity, funder, client, coach)
 - g. Design of suitable settings
 - h. Establishment and pursuit of coaching objectives based on values and motivations
 - i. Generation of an emotionally conducive coaching atmosphere (temporal and local)
 4. Competencies in methods
 - a. Questioning techniques
 - i. Systemic questions
 - ii. Solution-oriented questions
 - iii. Confident use of explicit and implicit (hypnotic) questioning techniques
 - b. Systemic structuring aid for the process and context conditions of coaching
 - i. Figure, objects, maps, ...
 - c. Individual analysis, generation and management of client resources
 - d. Flexibility in exchange of content-related and procedural levels
 - e. Professional use and utilisation of implicit process-information (impact of the spatial arrangement and relationships)
 - i. Sitting posture, position in a room
 - f. Ability to use implicit and explicit communication in a target-oriented way
 - g. Application of development promoting tasks
 - i. Homework
 - h. Handling of constellations of transference and countertransference and recursive patterns
 - i. Knowledge of neuropsychological basics for changes
 - j. Coaching approaches and procedures in among other areas:
 - i. NLP
 - ii. Theme-centred interaction (TCI)
 - iii. Transaction Analysis (TA)

- iv. Client-centred conversational skills
- v. Proactive therapy
- vi. Systemic interventions
- vii. Constructivist interventions
- viii. Neuro-psychotherapy
- ix. Gestalt therapy
- x. Hypnotherapy
- xi. Movement therapy
- xii. Art therapy
- xiii. Behavioural therapy
- xiv. Mediation
- xv. Systemic constellation work
- xvi. Kinesiology
- xvii. Rational emotive therapy (RET)
- xviii. Relaxational techniques
- xix. Energetic psychology
- xx. Cognitive therapies
- xxi. Non-violent communication
- xxii. (other approaches and procedures need to be assessed on a case-by-case basis)
- xxiii. Team coaching
- xxiv. Conflict management

5. Supervision

- a. Case-supervision
- b. Coach-supervision

Final paper

- The content of the final paper is made up by three sections
 - Personal profile as a coach
 - Personal coaching concept
 - Three comprehensive case documentations (written and / or with video recordings)
 - The teaching coach/es will give high-quality feedback to these contributions
 - The exact execution of the final paper is determined in written form with the instructors.

Criteria of certification and admission

- The following criteria need to be met at the certification and admission to the Coach, EANLP-degree:
 - Personal suitability
 - Successful completion of the Coaching-training including final paper
 - Formal commitment to respect the ethical guidelines in the professional code for training forum "Werteorientierung in der Weiterbildung e.V"
 - EANLP-approved NLP-Practitioner
 - Minimum age of 25 years at certificate delivery
- The following criteria need to be met at the certification and admission to the Master Coach, EANLP-degree:
 - Personal suitability
 - Successful completion of the Coaching-training including final paper

- Formal commitment to respect the ethical guidelines in the professional code for training forum “Werteorientierung in der Weiterbildung e.V”
- EANLP-approved NLP-Practitioner and EANLP-approved NLP-Master
The EANLP-approved NLP-Master training can be obtained before, during or after the Coach-training. A corresponding following-certification of the EANLP-approved Master Coach-degree is carried out by a EANLP-approved teaching coach. Certification by the association can occur in exceptional cases.
- Minimum age of 25 years at certificate delivery

In case these criteria are not met, the participant will merely receive a certificate of attendance. The certification and admission to a Coach, EANLP / Master Coach, EANLP is only possible if all criteria are met.

Contents of the EANLP-approved Certificate Coach/ EANLP-approved Master Coach

- The EANLP-approved Certificate Coach/EANLP-approved Master Coach have to include the following details:
 - Reference to the adherence to guidelines of one of the EANLP-member-associations
 - Seal of the EANLP in addition to a seal of one of the EANLP-member-associations
 - Statement describing the duration of the live-training in days and hours
 - Date of the first and last day of training
 - Signature of one of the teaching coaches as the training officer and the signature of the other teaching coach as examiner.
 - Title description: Coach or Master Coach

Acknowledgement to EANLP-approved teaching coach

- In order to be acknowledged as a EANLP-approved teaching coach, the following criteria need to be met:
 - EANLP-approved Teaching trainer for at least 3 years,
 - At least 500 hours of training experience since the certification to EANLP-approved teaching trainer (to be proven in an appropriate form)
 - has conducted at least three EANLP-approved NLP-Practitioner trainings
 - acknowledged EANLP-approved Master coach for minimum three years
 - Three years of coaching experience with at least 150 coaching hours proven by the 2003-C1-form and by three references with case documentation and the 2003-C2-form, one of the proven coachings needs to have been carried out at least three years in the past
 - At least one qualified assistance at a EANLP-approved Coach-training

Entry into force

- The Curriculum EANLP-approved Coach/EANLP-approved Master Coach is valid per October 1st 2012 and replaces the up to date used EANLP-guidelines.