

Curriculum EANLP-approved NLP-Practitioner

Requirements for participants

- not defined

Duration

- Mandatory live training hours: 130 or more hours including testing, which must be spread over a period of 18 days or longer,
- Optional supervision: 15 hours of supervision (individual and/or group) in the time frame of the training and/or after the testing

Conduction

- 80% of the training is conducted by a EANLP-approved teaching trainer
- 20% of the training can be conducted by a different person under the supervision of a EANLP-approved teaching trainer

Assistance

- An assistant who can at least offer the qualifications of an EANLP-approved NLP-Practitioner is recommended for groups with more 9 or more participants and is obligatory with 12 or more participants

Qualifications of the conducting teaching trainer

- EANLP-approved Teaching trainer

Group size

- A group consists of at least six participants.

Abilities of an NLP-Practitioner and Criteria for Evaluation and Certification

- The NLP-Practitioner knows and procedurally integrates NLP-axioms;
- Knowledge of basic NLP-contents, skills, techniques, patterns, methods and concepts; ability to apply and utilize them
- Basic skills of an NLP-Practitioner are: Ability to rapport, clarity of objectives, perceptive faculty, flexibility, resource-efficiency and ecological approach

Minimal contents

1. Making and maintenance of rapports
2. Pacing and Leading
3. Calibration
4. Representational systems
5. Meta-Model of language
6. Milton-Model of language
7. Objective frame
8. Overlapping and translation of representational systems
9. Recognition and utilisation of spontaneous states of trance
10. Metaphor creation
11. Frames: contrast; relevance; as if; backtrack

12. Anchoring: VAK
 13. Active and passive sensory-specific feedback
 14. Targeted shift of consciousness to external or internal
 15. Processes
 16. Dissociation and Association; 1st, 2nd, 3rd-Position
 17. Chunking
 18. Sub-modalities
 19. Logical levels
 20. Target-oriented and ecological resource management
 21. Reframing of context and meaning
 22. Strategies including T.O.T.E.-model
 23. Timeline
- The various NLP-techniques, i.e. Swish, Collaps-Anchor, are working examples of presented NLP-methods and -principles and are, therefore, not explicitly mentioned.

Written test

- The obligatory written test verifies the mediation of the minimal contents and ensures a high-quality standard. This test shall demonstrate that especially the following contents were understood and integrated:
 1. Axioms/basic assumptions
 2. Target definition
 3. Rapport
 4. Anchoring
 5. Representational systems
 6. Meta-Model
 7. Milton-Model
 8. Timeline
 9. Strategies
 10. Sub-modalities
 11. Techniques
 12. Ecology
- The content and formal design of the testing is to be chosen by the teaching trainer. Written tests are to be stored for at least three years following testing. For reasons of quality assurance, the education- and training commission of the EANLP has the right to request and review the entire archive or single documentations within this time frame

Practical testing for the EANLP-approved NLP-Practitioner

- The content and formal design of the testing is to be designed by the teaching trainer and is adapted to the life- and work experiences of the participants.
- The practical testing shall enable participants of the Practitioner-curriculum to demonstrate their behavioural integration of NLP-axioms and selected NLP-techniques congruently, in particular: problem identification, objective identification, rapport, perception, flexibility and sensory-specific feedback.

Contents of the EANLP-approved NLP Practitioner-Certificate

- The NLP Practitioner-certificate has to include the following details:
 1. Reference to the adherence to guidelines of one of the EANLP-member-associations
 2. Seal of the EANLP in addition to a seal of one of the EANLP-member-associations

3. Statement describing the duration of the live-training in days and hours
4. Date of the first and last day of training
5. Signature of the EANLP-approved teaching trainer
6. Title description: NLP-Practitioner

Entry into force

- The Curriculum of the EANLP-approved NLP-Practitioner is valid per January 1st 2009 and replaces the up to date used EANLP-guidelines