

Curriculum EANLP-approved Trainer

Requirements for participants

- EANLP-approved NLP-Practitioner and
- EANLP-approved NLP-Master

Prerequisites for participants

- At least two years must have passed between the first day of practitioner-training and the first day of trainer-training, or, alternatively, at least 2.5 years (30 months) must have passed between the beginning of the practitioner-training and the end of the trainer-training.

Prerequisite for the teaching trainer

- Information and promotion material incl. the training contents need to be presented to the national association before the start of the training
- The qualifications of the chosen teaching trainer need to be determined by the national association before the start of the training

Duration

- Mandatory live training hours: 130 or more hours including testing, which must be spread over a period of 18 days or longer,
- In addition, at least 15 hours of supervision (individual and/or group) through a teaching trainer. The content of the supervision is to be self-organized by the respective participant.

Conduction

- The training is designed by at least 2 EANLP-approved teaching trainers who conduct the training together or reciprocally
- Recommendation: teaching trainers should come from separate institutes.
- 80% of the training is conducted by EANLP-approved teaching trainers
- 20% of the training can be conducted by a different person under the supervision of a EANLP-approved teaching trainer

Assistance

- An assistant who can at least offer the qualifications of a Trainer, NLP is recommended for groups with more 9 or more participants and is obligatory with 12 or more participants

Group size

- A group consists of at least six participants.

Qualifications of the EANLP-approved conducting teaching trainer

- EANLP-approved Teaching trainer for at least 3 years,
- Has conducted at least three EANLP-approved NLP-Practitioner-trainings and two EANLP-approved NLP-Master-trainings
- and has assisted in at least one EANLP-approved Trainer-training.

Abilities of the Trainers and Criteria for Evaluation and Certification

- Rapport skills, ability to demonstrate and explain techniques and contents, and shift between form and content

- Professional self-management, emotional stability, stress-resistance, ability for compromise and decision-making
- Behavioural competence, ability to demonstrate NLP-techniques and methods both directly and indirectly
- Integration of basic NLP-assumptions on behavioural levels in group work
- Ecological work with individuals and groups, utilisation of group processes and participants' resources as well as competence in group leadership and conflict management
- Navigation of contents and processes on different logical levels
- Knowledge of psychological and neurobiological concepts, psychotherapeutic methods and common communication models, as well as their integration into the NLP-model

Minimal contents

1. Design of presentation: Setting opening and closing frames; formulation of objectives, comparison of objectives and results, styles of information transfer, methodological planning of presentation with consideration of different systems of representation, metaprogrammes, learning strategies; chunking of information and experience, facilitation of skills and knowledge across context and time
 2. Pacing, rapport and leading from/with groups and individuals on various levels and with a variety of methods
 3. Creation of an atmosphere that fosters learning
 4. Design of exercises: specifying objectives of exercises; direct and indirect learning, integration of previously learned material; separation between perception and evaluation of group phenomena; sensory grounded feedback for groups and group processes, flexible adjustment to the skills of the group, future pace of learning results
 5. Use of visual presentation techniques
 6. Use of metaphors for process instructions and pre-framings
 7. Provision of multilevel feedback for groups and individuals
 8. Execution of planned as well as proactive and reactive interventions for individuals and groups
 9. Utilization of disturbances, criticism and problematic behaviour of group members
 10. Targeted utilization of hidden communication
 11. Goal-oriented expansion of own model of the world
 12. At least two live presentations in front of a group of at least 6 qualified participants. Presentation are to last at least 20 minutes and include feedback from the group and the teaching trainers
- Note: The aim of the NLP Trainer-training shall be the mediation of NLP presentational skills. Conveniently, contents of the Practitioner- and/or Master-training will be used as a means to teach and train. These contents will, however, neither be a part of this curriculum, nor the final testing.

Written test

- The obligatory written test verifies the mediation of the minimal contents and ensures a high-quality standard. This test shall demonstrate that especially the cognitive contents were understood and integrated.
- The written test is to be designed by the teaching trainer.
- Written tests are to be stored for at least three years following testing.

- For reasons of quality assurance, the education- and training commission of the EANLP has the right to request and review the entire archive or single documentations within this time frame

Practical testing

- The content and formal design of the testing is to be designed by the teaching trainer and is adapted to the life- and work experiences of the participants.
- The practical testing shall enable participants of the trainer-curriculum to demonstrate their behavioural integration of Trainer skills congruently

Contents of the Trainer Certificate

- The NLP-Trainer certificate has to include the following details:
 - Reference to the adherence to guidelines of one of the EANLP-member-associations
 - Seal of the EANLP in addition to a seal of one of the EANLP-member-associations
 - Statement describing the duration of the live-training in days and hours
 - Date of the first and last day of training
 - Signature of one of the EANLP-approved teaching trainer as the training officer and the signature of the other EANLP-approved teaching trainer as examiner.
 - Title description: Trainer

Entry into force

- The Curriculum EANLP-approved Trainer is valid per January 1st 2009 and replaces the up to date used EANLP-guidelines